

# Immaculate Conception Catholic Church



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## Sunday Announcements, March 2, 2025 Quinquagesima Sunday

### Sunday, March 2

7:00 AM

9:00 AM (*Missa Cantata*)

11:00 AM

### Quinquagesima Sunday

RIP Nicholas Stevers (*Lehmens*)

Pro Populo

For CMD Sisters

### (No Mass this Monday)

### Tuesday, March 4

8:00 AM

### St. Casimir

For Mary Bauer

### Wednesday, March 5

8:00 AM

6:00 PM

### Ash Wednesday

*Distribution of Ashes and Holy Communion*

For Jim & Lorraine Schnieder (*Zita Zarns*)

### Thursday, March 6

8:00 AM

### Ss. Perpetua & Felicitas

For Priest Intention

### Friday, March 7

8:00 AM

5:20 PM

6:00 PM

### St. Thomas Aquinas (*First Friday*)

*Distribution of Holy Communion*

*Stations of the Cross*

RIP Poor Souls (*Monica Fischer*)

### Saturday, March 8

8:00 AM

### St. John of God

For Priest Intention

### Sunday, March 9

7:00 AM

9:00 AM

11:00 AM

### First Sunday of Lent

RIP Patrick Zilka (*Todd & Louise Malecha*)

Pro Populo

For Priest Intention

## Confessions:

30 minutes before each scheduled

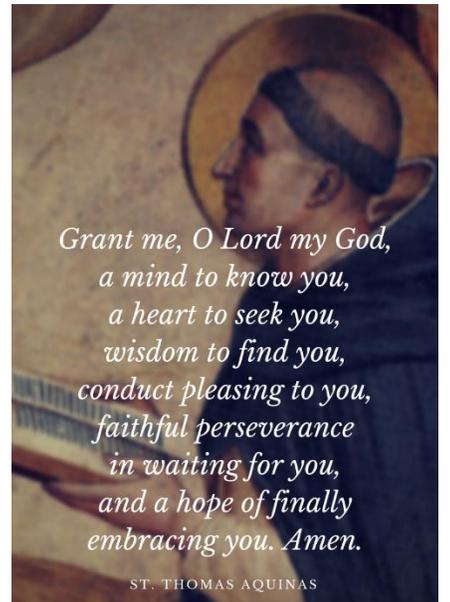
Saturday and Sunday Mass.

On Fridays of Lent at 4:45.

*Also, this week:*

*Ash Wednesday at 7:30 AM & 5:30 PM.*

*On First Friday at 7:30 AM.*

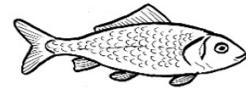


*Please join in the closing hymn:*

To Jesus Heart All Burning  
With fervent love for men,  
My heart with fondest yearning  
Shall raise the joyful strain.  
While ages course along,  
Blest be with loudest song,  
The Sacred Heart of Jesus  
By every heart and tongue.  
The Sacred Heart of Jesus  
By every heart and tongue.

“The fast of Lent has no advantage to us unless it brings about our spiritual renewal. It is necessary while fasting to change our whole life and practice virtue. Turning away from all wickedness means keeping our tongue in check, restraining from anger, avoiding all gossip, lying and swearing. To abstain from these things~ herein lies the true value of the fast.” -St. John Chrysostom

- **ASH WEDNESDAY** is a day of complete abstinence for those aged 7 and older.



- **ASHES:** On Ash Wednesday, there will be distribution of ashes at 8 AM and at the evening Mass. Next Sunday, March 9, ashes will be distributed after all three Masses for anyone who cannot make it on Ash Wednesday.



- **HOLY SEASON OF LENT:** During this time of penance (beginning on Ash Wednesday), the faithful are reminded of the Church's laws on fasting. Those who are 21 to 59 years of age are required to fast, unless lawfully dispensed. (You may consult your CMRI Catholic calendars and also the box on the bulletin for more details.)
- **EVENING MASSES** will be offered on Fridays during Lent, preceded by Confessions from 4:45 to 5:15.
- **STATIONS OF THE CROSS** will begin around 5:20 PM, using the method according to St. Francis. Stations booklets will be available to borrow.
- **TARCISIANS OF THE SACRED HEART** will meet on first Friday, March 7 after the morning distribution of Holy Communion.

- **WOMEN'S DAY OF RECOLLECTION** will be held here this Saturday, March 8. We kindly ask that you keep the spirit of silence during this Lenten retreat.
- The schedule is as follows: Right after the 8 AM Mass, there will be time to go to confession and/or eat breakfast. Please pack your own food. Coffee will be provided. The spiritual talk will begin around 9:30 followed by Stations of the Cross at 10:30. We will close with Benediction around 11:15.
- **LENTEN DAY OF RECOLLECTION** with Fr. Michael Anaya will be Saturday, March 15, lasting from morning Mass until around 2:15 PM.
- **POTLUCK** on March 16 will be after all three Masses. Though there will not be catechism class for the older students in the parish hall on that day, Sister Anne Marie will still have first Communion class in the basement classroom at the usual time.
- **SUNDAY CATECHISM** will be taught until April 6, and there will then be a break until September.

#### *Serving Schedule:*

March 2	7:00	Benjamin Lauer, David Ruegemer
	9:00	Nathan Ruegemer, Albert Theisen
March 9	7:00	Jacob & Damian Fournelle
	9:00	Peyton Braun, Joseph Murphy
March 16	7:00	Daniel & Benjamin Lauer
	9:00	Jesse Sand, Sam Theisen
March 23	7:00	Daniel Lauer, Dominic Lehnen
	9:00	Nathan Ruegemer, Brayden Terhaar

*\* Please find a replacement if you cannot serve!*

#### *Usher Schedule:*

March 2	7:00	Paul Ruegemer, Matt Fournelle
	9:00	Daryl Bloch, Ed Pelzer
March 9	7:00	Brian Bedel, Steven Mader
	9:00	Peter Ruegemer, Ed Pelzer
March 16	7:00	Paul Ruegemer, Brian Bedel
	9:00	Daryl Bloch, Chris Goering

*\* Please find a replacement if you cannot usher!*

#### **Upcoming Events**

- **Sunday Catechism** - 8:15- 8:45 every Sunday through April 6
- **Tarcisians of the Sacred Heart** – First Friday, March 7
- **Ladies' Morning of Recollection** - March 8
- **Lenten Day of Recollection** – March 15
- **Sunday Potluck** – March 16
- **Parish Cleaning Day** - April 12
- **Ordinations to the Priesthood in Omaha** – April 29
- **Solemn High Mass and Trauners' reception at ICC**- May 4
- **First Holy Communion** – May 11 (7 AM Mass)
- **Confirmation** – Sunday, May 25
- **Girls Camp in Iowa/ Omaha**- July 14 – 19

#### **Lenten Fast Laws (for those aged 21 to 59)**

- Only one full meal is allowed daily.
- Two smaller meatless meals may be taken besides, which, if taken together would not equal what you would normally eat at your main meal.
- It is not permitted to eat between meals.
- For those 21 -59, meat is only allowed at the main meal (*except no meat at all on Friday, as usual*).
- The main meal may not be taken before noon.
- Liquids, including milk and alcoholic drinks, may be taken any time, but *fortifying drinks* such as milkshakes or protein drinks are *not allowed between meals*.
- Exceptions to the Church fast may apply to those unable to fast for a legitimate reason (illness, hard work, etc.) Please ask a priest if you think you are excused from fasting. (Women who are pregnant or nursing do not need to ask, as they are always excused from fasting.)
- There is never any fasting or abstinence on Sundays.
- The law of the Church fast binds all who have completed their 21st year (beginning the day after their twenty-first birthday) up to the beginning of their sixtieth year. (Hence the law ceases the day after their fifty-ninth birthday.)

\* **NOTE** that the "F" on the calendar shows that it is a fast day for those aged 21 to 59, **not** for children or teenagers. The "meat only once a day on a fast day" rule only applies to those aged 21-59 who are obliged to follow the church fast. Those aged 7 and older who are not 21-59 must only follow abstinence laws as marked by a picture of a fish or half fish on the Catholic calendar.