

Immaculate Conception Catholic Church

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Sunday Announcements: February 26, 2023 First Sunday of Lent

Sunday, February 26

7:00 AM
9:00 AM
11:00 AM

First Sunday of Lent

In Thanksgiving to Our Lady of Altötting
Pro Populo
RIP Joaquina Molina

(NO MASS this Monday)

Tuesday, February 28

8:00 AM

Feria

In thanksgiving for good harvest (*James & Sophie Schroepfer*)

Wednesday, March 1

7:15 AM
8:00 AM

Ember Wednesday

Distribution of Holy Communion
RIP Sally & Don Ley (*Herman & Eunice Will*)

Thursday, March 2

8:00 AM

Lenten Feria

For Gary Geise (*Steven Mader*)

Friday, March 3

5:20 PM
6:00 PM

Ember Friday (First Friday)

Stations of the Cross
For Arceneau Children (*Lora Arceneau*)

Saturday, March 4

8:00 AM

Ember Saturday (First Saturday)

RIP Michael G. Warzecha (*Jacinta Goering*)

Sunday, March 5

7:00 AM
9:00 AM
11:00 AM

Second Sunday of Lent

Intention of Fr. Benedict
Pro Populo
For Grandchildren of Dave & Bina Huebsch (*B. Huebsch*)

*** EASTER DUTY ***

All the faithful who have reached the use of reason are gravely obliged to receive Holy Communion worthily at least once during the Easter season. In the United States, this extends from the first Sunday of Lent to Trinity Sunday (the Sunday after Pentecost).

Welcome To Newcomers!

We gladly welcome visitors and newcomers. At the same time, we respectfully remind them that to receive Our Lord in Holy Communion, one must be:

- A baptized Catholic, free from any mortal sin committed since one's last good confession,
- Fasting for three hours from any food and alcoholic drink and one hour from any other drink except water.


(Unless you have been attending the traditional Latin Mass exclusively, you should refrain from receiving Holy Communion until you have had an opportunity to meet with one of the priests.)

If this is the first time you have attended the Traditional Latin Mass, you may have noticed that our parishioners do not dress casually in church. Before the changes in the Church, Catholic parishes had standards for modest and appropriate attire, which we believe are important both for the edification of others and out of respect for the house of God. Please observe these standards of dress for attendance at church:

- Women and girls must cover their heads. If you do not have a hat or veil, you may borrow a veil from the vestibule. You should also wear dresses or skirts that cover the knees completely when standing or sitting. Pants, shorts, sleeveless, tight or low-cut clothing are not permitted.
- Men and boys should wear a dress shirt and dress pants. Jeans, shorts, and other casual attire are not appropriate for attendance at Mass services.

We are happy to see new faces at Immaculate Conception Church, and we look forward to seeing you again!

Confessions: From 4:45 to 5:15 on Fridays of Lent, 30 minutes before each scheduled Saturday & Sunday Mass, and after Wednesday Mass.

- **ASHES** will be distributed after all the Masses today for those who could not come on Ash Wednesday.
- **EMBER DAYS** for spring are this week, March 1, 3, & 4. The fast and abstinence laws on ember days are the same as the Lenten fast laws for those aged 21-59, but **all** Catholics over the age of 7 must also observe abstinence from meat: The half fish on the calendar indicates meat only once on Wednesday and Saturday. The full fish on Friday indicates no meat at all, as usual. 
- **FASTING: All days of Lent except Sundays are days of fast for those aged 21-59.** (Please review the laws for fasting in the box on the bulletin. These laws are also in the back of your CMRI Catholic calendars.)
- **EVENING MASSES** will be offered at 6:00 PM on Fridays during Lent, preceded by Confessions from 4:45 to 5:15, and Stations of the Cross at 5:20 PM.
- **LADIES DAY OF RECOLLECTION** will be on March 18. More details will be in the next bulletin.
- **LENTEN DAY OF RECOLLECTION** with Father Benedict Hughes from Idaho will be this Saturday:

Lenten Day of Recollection- Saturday- March 4, 2023

Please keep a spirit of silence and recollection. Any necessary talking should be in a whisper so as not to disturb others.

- 7:30 – Confessions
- 8:00 – Holy Mass (Note- **No Confessions right after Mass this Saturday**)
- 9:00 – Silent Breakfast and free time (*Please pack your own Lenten food.*)
- 9:30 – First Conference
- 10:15- Free time for prayer, reflection, spiritual reading (*Confessions available*)
- 11:00 – Second Conference
- 11:45 – Free time for prayer, reflection, spiritual reading, and also time to eat some lunch on your own if you wish (*bring your own Lenten snack*)
- 12:30 – Stations of the Cross (*More Confessions available during Stations*)
- 1:00 – Third Conference
- 2:00 – Closing Benediction

Serving Schedule:

Feb. 26	7:00	Daniel & Benjamin Lauer
	9:00	Kurt Goering, Nathan Ruegemer
March 5	7:00	David Ruegemer, Tyler Wertish
	9:00	Sam & Albert Theisen
March 12	7:00	Daniel & Benjamin Lauer
	9:00	Peyton Braun, Brady Then

Lenten Fast Laws (for those aged 21 to 59)

- **Only one full meal** is allowed daily.
- **Two smaller meatless meals** may be taken besides, which, if taken together would not equal what you would normally eat at your main meal.
- It is **not** permitted to eat between meals.
- For those 21 -59, meat is only allowed **at the main meal** (*except no meat at all on Friday, as usual*).
- The main meal may not be taken before noon.
- **Liquids**, including milk and alcoholic drinks, may be taken **any time**, but *fortifying drinks* such as milkshakes or protein drinks are *not allowed between meals*.
- Exceptions to the Church fast may apply to those unable to fast for a legitimate reason (illness, hard work, etc.) Please ask a priest if you think you are excused from fasting. (Women who are pregnant or nursing do not need to ask, as they are always excused from fasting.)
- There is never any fasting or abstinence on Sundays.
- The law of the Church fast binds all who have completed their 21st year (beginning the day after their twenty-first birthday) up to the beginning of their sixtieth year. (Hence the law ceases the day after their fifty-ninth birthday.)

* **NOTE** that the “F” on the calendar shows that it is a fast day for those aged 21 to 59, **not** for children or teenagers. The “meat only once a day on a fast day” rule only applies to those aged 21-59 who are obliged to follow the church fast. Those aged 7 and older who are not 21-59 must only follow abstinence laws as marked by a picture of a fish or half fish on the Catholic calendar.